

## SUPPLIES NEEDED FOR THE FIRST DAY OF SCHOOL...

### For the Office:

1. Doctor's Health Inventory Form
2. Immunization Records
3. Emergency Contact Card
4. Signed Parent Handbook Acknowledgment Page

**These documents are very important...please be sure to fill them out completely and turn them in on the first day!**

### For the Classroom

1. Four to six full bottles and/or food for the entire day.
2. Diapers, wipes & diaper cream
3. Two complete sets of extra clothing including shoes and socks.
4. A copy of your child's daily schedule and routine.

### What to do upon arrival...

1. Put food in baskets and refrigerator and take home items that are no longer useable.
2. Complete the Daily Diary Chart each morning and take it home with you each night.

Dear Parents,

We are so thrilled to have you joining our school and more specifically, our Infant Classroom! Every day, we strive to give your child as much love and care as possible.

If you have any questions that were not addressed in this brochure, please feel free to speak with one of us when you drop off or pick up your child.

We look forward to helping your little one grow each day and discover the wonders of life!

Sincerely,  
The Guppy & Minnow  
Teachers

"Making the decision to have a child is momentous. It is to decide forever to have your heart go walking outside your body."

-Elizabeth Stone



## Welcome to the Infant Rooms! (Guppies & Minnows)



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## What you can expect in the Infant Room...

Welcome to Rock Spring Children's Center, a.k.a. RSCC! We would like to take a moment to get you acquainted with the Infant Room and give you a glimpse what your baby's day will be like.

On a daily basis, your baby will be read to, participate in circle time, have independent "tummy time", and have wonderful experiences with music. We also love to go outside for stroller rides and enjoy the fresh air when the weather is nice!

In addition, we place a strong emphasis on all areas of development—cognitive, social, emotional, physical, and fine and gross motor. Above all, we give your child a tremendous amount of love and the best care possible.

### Who is in the Infant Class?

The children in our group range from six weeks to about nine or ten months. There are six infants and three teachers. State regulations require one teacher to every three babies. We are very fortunate to have an extra teacher in the middle of each day to help give as much attention as possible to all of our little ones. Once a baby begins to crawl or pull themselves up, it's a sign that they may soon move on to the Mobile Baby Classroom.



### Sign In and Out Process

Located behind the classroom doors are "Daily Diary Charts" that are completed throughout the day by the parents and teachers. The top section of the chart is information provided by each parent when they drop off their child. This information includes how long your child slept the night before, how much the child has eaten, and any other information that is helpful in caring for your child that day. The remainder of the chart is information concerning your child's day. For example, when your child had their diaper changed and what it was (BM or wet), the amount of food consumed and when, and also a little extra information like songs that were sung that day!

### Diaper Changing

The diaper changing area is located in the center portion of the classroom. Children are changed every two hours. However, we are always checking your little one for a bowel movement which requires immediate attention! Parents provide all of the diapering supplies, diapers, wipes, cream, etc., for their child. We will let you know on your child's chart if you are running low on any of the supplies.



### Cubbies, Bottles, and Food

Every child is assigned a cubby. The cubbies are intended for extra clothes, diaper bags, hats, and any other garments that your child may need throughout the day.



Whether your child is on breast milk or formula, the refrigerator for your bottles is located in the Minnow Room. The shelves on the door and the interior shelves will be labeled with your child's name. All food and bottles that come in should be labeled with your child's name and all bottles need to have a lid. Next to the refrigerator are cabinets which will hold all non-refrigerated food such as cereal and jars of food.

### Sleeping and Cribs

All of the children are placed on their backs for sleeping unless a note is brought in from your child's doctor. Each child has their own crib with fitted sheets provided by the school. If your child requires any other item in their crib other than themselves, state regulations require that you get a note from your child's pediatrician.

